

## Monthly Newsletter: February 2010

### The Director's Cut:

It is really exciting for me to actively observe the growth in the Anna Foundation. 3 Years ago we were desperately searching for farms on which we could implement our programmes. Today we have a waiting list of farms desperate to get us on board! I am excited about the many phone calls I get requesting our programmes and the real desire that is out there to make a difference. 3 years ago our bank account only had expenses (!), today our account has numbers in the other column. It excites me that so many people want to give and it is really amazing to see that when you add up lots of 50's and 100's it makes a big difference!

I am also inspired by the passion and dedication all our staff show: their desire and enthusiasm to help each child is truly changing lives. I am excited by what we are doing and the growth I see in each child and each teacher. I am excited about everyone that wants to be a part of this and I am REALLY excited about the difference we will make in 2010, 2011 and many more years thereafter!

Anna



3R's TEACHERS for 2010... thus far...

Watch this space!

### Reading, Running Right...ing

The end-of-month **staff training** took place at Zorgvliet West in preparation for February's jam-packed curriculum. In addition to revising the new month's academic worksheets, Naomie, one of our new Project Managers, gave some useful information and tips to the farm teachers involving resources which can be used to assist with teaching children to read. Each farm will soon be equipped with various learning aids for example, sets of cards and matching pictures which will help the learners to understand how vowels create specific sounds when grouped together in a word, as well as how to break bigger words down into smaller parts. Aids such as this are easy for the teachers to make themselves and have already proved tremendously helpful - improvements have already been noted in some of the children's reading abilities and will no doubt continue to progress. In our future staff training sessions, Naomie's "teaching time" will be shared by Tanja, our other new Project Manager, who will focus on utilising learning aids for children in the intermediate grades.

The **Reading** theme for this month explored family, friends, and emotions. This progressed to "the world out there" by taking a journey around the earth with its diverse countries, people, cultures and religions. This topic was thoroughly enjoyed although the idea of a foreign country with different people and cultures to what they're familiar with is a complex notion for many of the kids to grasp: most children have only travelled by car to another town or another province, if they're lucky! This exploration has led to a new interest in our world and acceptance of other cultures and many children are now paging through atlases and looking at maps for curiosity's sake, with shrieks of delight when they discover a country or city which they've heard of because now they know where it is!

For the **sports** hour, Candice Smith from Life Rhythm continued to visit a different farm each day of the week leading the dance and movement sessions. The dance takes place on one of the two club days in the week while team and fitness sports such as continuous cricket, tag rugby and a boot-camp style obstacle course are played by the Grade 4 to 12's on the alternate days. The children from Grade R to 3 continue with their development programme which includes the learning of various instructive commands, space and body awareness as well as learning about direction.

# From the kids

## LEARNING ABOUT DIFFERENT CULTURES:

### Regarding China:

Question: Watter kossort eet hulle?

Answer: Mampani wurms. Hulle is baie rof!

~ Hilton Leliefeldt : Grade 7

### Regarding America:

Question: Hoekom wil jy Amerika toe gaan?

Answer: Ek wil graag die Idols gaan sien

~ Gavin Williams: Grade 7

**Teacher:** If you could go anywhere in Europe, Asia or Africa, where would you choose to go?

**Child:** Kimberley

**Teacher:** What will do when you're in Kimberley?

**Child:** I'll tell all the people about South Africa

~ Elzaan Wiese: Grade 6

NB: All above misunderstandings have been corrected!



De Meyer and Hoopenburg kids  
- elated with their medals

# ANNA FOUNDATION CHARITY RUN & RIDE

Don't forget to diarise **Saturday 20 March 2010** and spread the word about our major fundraising event for the year: **the Anna Foundation Charity Run and Ride**. Starting at 8h30 at the Klein Joostenburg Deli you can take part in either a 30km, 12km and 5km **MTB** event or a 12km or 5km **Trail Run** through the stunning Winelands farms of Joostenburg, Hoopenburg, De Meyer and Eaglevlei. There are loads of prizes to be won including 200 free bottles of wine and a shiny-new Schwinn bike and that's not all: don't let this opportunity pass you by!

The Anna Foundation Charity Run and Ride is not only for competitors but is a wonderful **family outing** too! Pack a picnic or buy deli goods, coffee, pancakes + loads more and find a spot on the beautiful lawns or visit Joostenburg or Eaglevlei Restaurant for their breakfast specials while your kids go wild on the jumping castle and jungle gyms. Hey, why not encourage *your* little ones to run the 5km with the Anna Foundation kids?!

Further information and **entry forms** are downloadable on our website homepage ([www.annafoundation.com](http://www.annafoundation.com)). Entries can be made online with special rates for pre-entries although you can also register on the day. We're also looking for volunteers to help out on the day so if you'd like to get involved, please contact Nicky or email [nicky@annafoundation.com](mailto:nicky@annafoundation.com) See you there!

# FEBRUARY FUN RUNS

Now that 2010's in full swing it's **fun run** time again and a number of farms held their own "warm up" 3km event. Routes were precisely measured by the Project Managers who drove around the vineyards and other various plantations. Kids were horrified to discover that their usual walking routes turned out to measure a mere 2km and not the 5kms which they originally thought it was! At the end of the run, medals were first awarded to the winners of the two grade groups - those in grade R to 3 and grades 4 to 12—and as an incentive to try harder next time, the other kids also received a medal. Thanks to all support runners who in the past have donated their old medals!

In celebration of 20 years since Madiba's release, the children from Solms Delta and Timberlea farms participated in the **27 For Freedom Run** which was held at the Drakenstein Correctional Services (formerly known as the Victor Verster prison) on 13 February 2010. The kids were clearly excited about the fun run judging from their reactions as teachers started handing out their running clothes on the farms. Some children from Solms Delta were already waiting for the bus at 7h00, despite being scheduled to leave at only 7h45! While waiting with another 1500 children for the race to begin, some of the more unfit children looked a little daunted at the prospect of running 5km but after some stretching exercises and encouragement from the support runners they quickly regained their confidence. We are very proud of all our kids who participated.

Our support runners included a few of our staff, mothers and five Grade 10 boys from Paul Roos Gymnasium who were doing their community service. The boys also had a great time even though they couldn't keep up with some of the children! Thank you for giving of your time and energy to run with our kids. In the end, every child and support runner received a collector's piece medal which commemorates Madiba's release from prison and we can proudly say that we ran on the same road which Nelson Mandela walked on his first day of freedom! Thank you to Michael Meyer from Stillwater Sports for sponsoring the Anna Foundation entries.



# 1% CLUB EVENT

1%Club hosted its 2nd successful event held on Saturday 13 February 2010 at the Van Ryn Brandy Distillery in Stellenbosch. As the 1%Club is still relatively young (but rapidly growing), club members were permitted to invite a few of their own guests to this normally 'members only' affair.

On arrival the 50 guests were welcomed with a brandy-enriched cocktail which led to a tour of the distillery conducted by one of Van Ryn's most animated guides! This was followed by a brief explanation about the 1%Club from the club ambassadors who explained what the club is about. Afterward, guests were led through a tasting of 3 award winning brandies paired with Belgian chocolate and coffee. For even the "non brandy drinkers" this was an interesting encounter and many gained a new liking for the 'golden juice'. For the remainder of the afternoon socialised with an opportunity to sign up for the 1%Club so as not to miss out on future events.

The 1%Club is aimed at young working professionals who would like to increase their social circle and turn social investing (in a great cause) into social networking with like-minded peers. Events are periodically organised with member's interests in mind. In order to be invited to these events, you need to become a 1%Club member. One percent of your salary is just the recommended monthly amount to contribute however members are free to donate whatever amount they feel is appropriate or can afford because every cent counts. All monthly contributions are pooled together to assist the benefitting charity: the Anna Foundation. You can read about the 1% Club on the website [www.annafoundation.com](http://www.annafoundation.com) or email [johnny@1percenters.org](mailto:johnny@1percenters.org) / [kyle@1percenters.org](mailto:kyle@1percenters.org)

If you haven't had a look, there are more photos from the event on <http://www.flickr.com/photos/annafoundation/>



## Thank Yous

Mr Philip Myburgh for requesting birthday donations to go to the Anna Foundation in place of receiving gifts: resulting in a whopping contribution to our children!

Mr Price Sport: your R5000 donation towards shorts and sports equipment

Book donations: Exclusive Books (Heinie), Heidi Nortje and Flat6GT Drivers

1%Club members: for making a difference through your committed monthly contributions

Candice Smith for driving to the Winelands every week to lead the dance and movement course

Go Multi Magazine, Eikestadnuus and Natural Medicine Magazine: What great articles on us!

Pierre Henri Olivier: Coming 3rd in the Bouckaert Soenen League Cycle race (in Anna Foundation kit!) and donating your prize money to the Anna Foundation!

Builders' Express: your ongoing support through discounts

Thanks to Amrent Finance all the after school clubs now have a computer on which to work!

